Study program: Special Education and Rehabilitation,

modules: of Visual Impairments; Sensorimotor Disability, Hearing Disability, Motor Disability

Type and level of studies: Basic Academic

Title of the subject: Basic Skills of Counselling in Rehabilitation

Lecturer: Ivona R. Milačić-Vidojković

Course status: Elective

ECTS: 6

Prerequisites: There are no prerequisites

Aim:

Becoming familiar with characteristic of experts in helping professions, basic skills, some strategies and techniques of effective professional support and counselling in rehabilitation.

Outcomes:

Mastering basic skills of counselling in rehabilitation (initial joining, active listening, presence and attention, etc.), acquiring insight in own capacities and limitations for work in field of counselling, learning useful techniques and strategies of providing support.

Content

Lectures:

Pointing out ways to increase desirable and minimize undesirable counsellor's characteristics and behaviours, discussing possibilities of application of the various counselling techniques in rehabilitation area. Describing the details of the first meeting with a client with special emphasis on counselling procedures in rehabilitation, and the specifics of working with clients with a chronic disease or disability. Highlighting and discussing basic skills and counselling strategies in general and in each stage of counselling, as well as in specific areas of counselling in rehabilitation: giving bad news, grief counselling, professional and career counselling etc. Finally, informing about basic skills of forming and leading self-help groups.

Practical work:

Using different materials designed and prepared in advance (narratives, examples from literature, case studies) as an incentive for developing necessary skills.

Literature

- 1. Davis, H. (1996). *Savetovanje roditelja hronično obolele ili dece ometene u razvoju* (pp. 71-99, 100-127, 128-148). Beograd: Institut za mentalno zdravlje ISBN 86-82277-07-7
- 2. Kondić, K., Vlajković, J. Štajner Popović, T. (1998). *Slušam te, razumem te, prihvatam te* (pp. 36-40). Beograd: IP Žarko Albulj.
- 3. Worden, W. (2005). *Savjetovanje i terapija u tugovanju* (pp.56-68, 68-70, 71-79). Zagreb: Naklada Slap, ISBN 953-191257-2
- 4. Corey, G. (2004). *Teorija i praksa psihološkog savjetovanja i psihoterapije* (pp.29-40, 473-485). Zagreb: Naklada Slap. ISBN 953-191-243-2

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Number of active	Lagtura: 2	Practical work: 1		
classes per week:	Lecture: 2			

Teaching methods:

Lectures, practical classes, seminars, presentations, consultations

Evaluation of knowledge (maximum score 100)					
Pre obligations	Score	Final exam	Score		
activities during the lectures	15	written exam	/		
practical teaching	15	oral exam	50		
seminars	20				